**Opportunity to share your work**

**Mind the Gap: Tackling Mental Health Inequalities**

Using a Public Mental Health Approach to Close the Gap

Conference

**Thursday 29th May 2025**

**Ulster University, Coleraine**

Actions 1 and 2 of the Mental Health Strategy recognise the need to move to a model of prevention and earlier intervention to achieve better outcomes for individuals and wider society and improve public mental health.

The Mental Health Strategy Early Intervention and Prevention Steering Group is hosting a conference to explore a public mental health approach to tackling the inequalities that drive poor mental health.

Inequalities such as poverty and income inequality, adverse childhood experiences, racism, discrimination, health conditions, disability and ageing, housing and the built environment all impact on being able to enjoy good mental health. We also know that the circumstances in which we are born, grow, live, work, and age can impact our mental health and that many groups of people experience inequalities due to social factors.

**Are you involved in this type of work? Do you represent one of these projects?**

We’d like to hear from you if you’re working to tackle these inequalities and reduce their impact on mental health. You could be working to target a particular group of people or in a specific community or place.

We invite you to share your work, insights, and successes at this conference. Whether through a poster presentation, panel discussion, or short talk, this is your chance to share your work, inspire others, and shape the conversation on tackling inequalities for good mental health.

We’ll provide templates and guidance to help you present your work effectively. Whether you're involved in research, policy, or programme delivery, we want to hear from you!

**Expression of Interest**

Please complete the attached form and submit it by **Monday, 14th April 2025**, to share your knowledge and expertise and join the conversation.

**Mind the Gap: Tackling Mental Health Inequalities**

**Expression of Interest Form**

**Name of Work/Project:**

**Contact Person:**

**Email address:**

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| Does this work relate to: (delete as appropriate)  Delivery of Programmes / Policy / Research / Other (please specify. |
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| Where does your work take place? |
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| Project theme/ area of focus (eg: young people/carers etc) : |
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| Partners (tell us about who else is involved): |
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| Briefly describe the work you are doing and use the bullet points below in your response (500 words):   * Overview of project * What type of inequalities are you addressing in your work? * What is the evidence base for the work? * What have the outcomes of this work been? * What is the most important thing you are learning from your work? * Is there anything else you want us to know about your work? |
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| Please indicate which of the following you would be able to do (please delete as appropriate):   * Develop a poster: Yes/No * Deliver a short talk: Yes/No * Be part of a panel discussion: Yes/No |

**Review of expressions of interest**

The conference steering group will review submissions, and we will contact you by 1st May 2025 to advise you of the outcome.

**Submitting your form**

Please email the completed form by **Monday 14th April to:**

[**mentalhealthEIPactionplan@hscni.net**](mailto:mentalhealthEIPactionplan@hscni.net)

Any queries can also be directed to this email address.

**Support with submitting your form**

If you need any support with completing this form please contact Laura Moreland at [lmoreland@mentalhealth.org.uk](mailto:lmoreland@mentalhealth.org.uk)