

CHILD SAFETY ALERT

Signs of Eating and Drinking Difficulties

During or after eating and drinking watch me closely for the following:

COUGHING / CHOKING



Changes to my COLOUR
E.g. if my skin turns red or blue



Wet or "gurgly" VOICE



EYE-TEARING



Changes to my BREATHING

E.g. If I become "wheezy" or gasp for air; my breathing rate gets faster or slower



WEIGHT LOSS / DIFFICULTY PUTTING ON WEIGHT



Repeated or recurrent CHEST INFECTIONS:

Especially if I have no other symptoms of a cold!



**If you have any concerns about my eating, drinking or swallowing
Please contact the Speech and Language Therapy Team**