



# TRAINING MANUAL AND OPERATIONAL PROTOCOLS FOR SCHOOL NURSE VISION SCREENING

Produced regionally by Orthoptists in consultation with Community Nursing,  
Paediatric Ophthalmology, Paediatric Optometry, and Education Providers

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## 1. Introduction

Amblyopia, strabismus and significant refractive error are the most prevalent vision disorders of childhood and occur with predictable frequency in around 10% of children. There is clinical evidence that children with these conditions benefit from early detection to optimise the potential of a successful treatment outcome<sup>1</sup>. Treatment during the critical period of visual maturation allows optimal management of affected children.

The UK **National Screening Committee (NSC)** recommends<sup>2</sup> that screening for visual impairment should be offered to all children aged 4-5 years and that this screening service should be organised and led by Orthoptists. The test for use at the age of 4-5 years is the Keeler Crowded logMar Test<sup>3</sup> as recommended by the British and Irish Orthoptic Society<sup>4</sup>. The NSC further states that 'All children with a visual acuity less than 0.20 logMAR on the Keeler crowded logMAR test in one or both eyes are referred on for assessment'<sup>56</sup>.

The implementation of a Northern Ireland Orthoptic-led Regional Vision Screening Programme supports the principles within the **Healthy Child, Healthy Future 2010** document<sup>7</sup>. This document recommends that all children in Northern Ireland between the age of 4 and 5 years undergo vision screening. This guidance is in line with the recommendations of the **National Screening Committee (2019)**, the **Royal College of Ophthalmology**, and **Health for All Children** (Emond, 2019<sup>8</sup>) and form the basis for Orthoptic training for School Nurses.

This guidance also forms the basis of vision screening training for School Nurses which will be delivered as part of their initial training within the University of Ulster Specialist Community Public Health Nursing course, who will engage the professional support of Regional Orthoptics services to ensure all training is Orthoptic-led. Staff should attend mandatory updates on a three-yearly basis which will be organised locally within Trusts. Additional one-to-one practical support can be accessed through the Line Manager and local Orthoptic Department and School Nurses are offered the opportunity to enhance their experience by attending an Orthoptic clinic.

This document will be reviewed every 3 years.

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<sup>1</sup> Rahi, J., 2017, [Advice on Commissioning of Ophthalmic Services for Children Visual Impairment, Eye Conditions and Commissioning](https://www.rcophth.ac.uk), available from <https://www.rcophth.ac.uk>

<sup>2</sup> <https://www.gov.uk/government/publications/child-vision-screening>

<sup>3</sup> Stewart C. LogMar-based visual acuity measurements: limits of normality; Br Ir Orthopt J 2006;3:9-13

<sup>4</sup> Emond, A. (ed.), 2019, Health for All Children, Fifth Edition, p 254

<sup>5</sup> <https://www.gov.uk/government/publications/child-vision-screening/service-specification>

<sup>6</sup> National Screening Committee, 2019, <https://legacyscreening.phe.org.uk/vision-child>

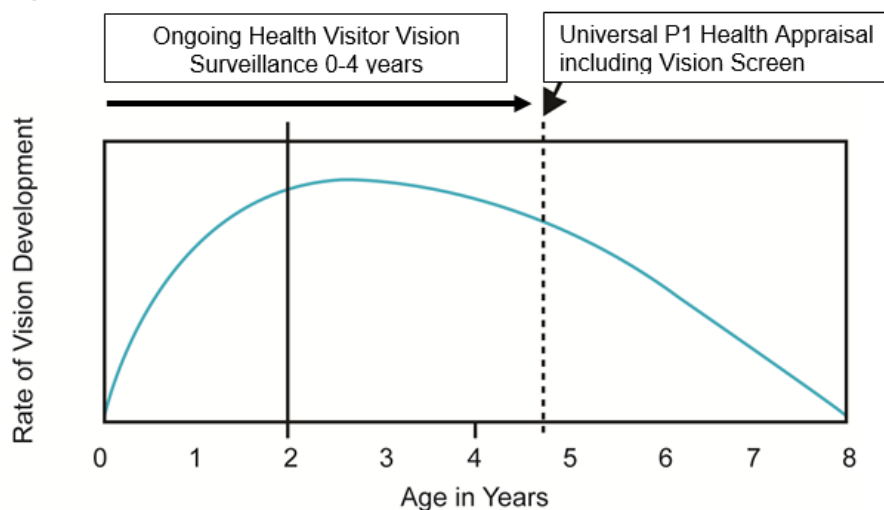
<sup>7</sup> Healthy Child, Healthy Future May 2010.

<https://www.health-ni.gov.uk/sites/default/files/publications/dhssps/healthychildhealthyfuture.pdf>

<sup>8</sup> Emond, A (ed.), 2019, Health for All Children 5<sup>th</sup> Edition, RCPCH

## 2. What is normal visual development?

The critical period for visual development and emmetropisation (i.e. normalisation of refractive error) is from birth until about 7-8 years of age when vision reaches maturity. During this period if a child has an uncorrected refractive error (or certain types of strabismus) vision fails to develop to normal levels. Children may appear to function very well and may seem visually normal despite the need for glasses or when an amblyopic/lazy eye is present. Therefore, it is essential when testing vision to ensure that the covered eye is occluded properly.



### Visual Perception

Visual perception comprises of 3 parts:

1. Light perception: The most primitive of the three, the ability to distinguish between light and dark.
2. Form perception: The ability to distinguish the size and shape of objects.
3. Colour perception: The ability to distinguish between different colours

### Most Common disorders of vision:

**Refractive error** This is the presence of an error in the optical or 'refractive' system of the eye and leads to a blurred image being formed on the retina. Types of refractive error are:

- Hypermetropia (long-sightedness)
- Myopia (short-sightedness)
- Astigmatism ("rugby ball-shaped eyes")

In order to give a clear image on the retina, glasses are prescribed for full-time wear.

**Amblyopia**

Sometimes called lazy eye. This is the reduction of Visual Acuity (or “corrected vision” i.e. where a refractive error is corrected) which is not the result of any clinical/pathological anomaly of the visual pathway (e.g. cataract, nystagmus, etc.). Amblyopia is not relieved by correcting any refractive error (i.e. putting on glasses).

**Strabismus**

(Also known as squint) The presence of strabismus or a squint can be a cause of amblyopia because the fovea (the point on the retina where critical and best vision is achieved) is not being stimulated correctly.

**Visual development occurs from birth to approximately 7-8 years of age; therefore, early detection of all types of visual problems is essential if treatment is to be successful.**

### 3. Overall Vision Screening/Surveillance Pathway from Birth to P1 Health Appraisal

| Time of contact     | Person responsible | Assessment  |
|---------------------|--------------------|---|
| 72 hours            | Maternity Staff    | <p><b>Newborn vision screening protocol</b><br/>All babies, irrespective of gestational age, receive a red reflex check prior to discharge from hospital postnatal ward or Neonatal Intensive Care Unit and again at eight weeks by GP.</p> <p>The Retinopathy of Prematurity (RoP) screening pathway is followed for all preterm babies and treatment planned if required.</p> |
| 8 weeks             | GP visit           | GP eye assessment (including red reflex)  |
| 0-4 years           | Health Visitor     | Ongoing vision surveillance as part of routine health visiting contacts (no formal vision screening protocol). Children are referred to the Orthoptic service if required.  |
| P1 Health Appraisal | School Nurse       | Vision screening completed as part of universal P1 Health Appraisal programme in accordance with NSC recommendations.   |

All babies, irrespective of gestational age, receive a red reflex check prior to discharge from hospital postnatal ward or Neonatal Intensive Care Unit, and again at 8 weeks by GP.

The Retinopathy of Prematurity (RoP) screening pathway is followed for all preterm babies and treatment planned if required.

Retinopathy of prematurity (ROP) is a potentially sight threatening condition which affects a proportion of preterm babies and very low birth weight babies. Early detection and treatment can prevent vision loss therefore ROP screening is carried out for every infant born at:

- less than 32 weeks gestational age (i.e. up to 31 weeks and 6 days) **or**
- less than 1501 grams birth weight.

Following discharge from hospital and routine GP visit, Health Visitors carry out ongoing surveillance and monitoring of vision as part of their regular routine visits, including the 2-year review and 3+ year preschool review. This surveillance includes monitoring of risk factors, family history, parental concerns and professional observation of visual development, and if required children are referred to their local Orthoptic service.

## 1. Vision Testing

### Who to test?

As part of Primary 1 Health Appraisal, **all** children aged 4 or 5 years (during their Primary 1 school year) for whom consent for a health appraisal has been obtained, including:

- Children who already attend Orthoptist
- Children who already attend Optometrist
- Children who already attend Ophthalmologist
- Children who wear glasses – screening check must take place **ONLY with glasses on**
- Children who are wearing a patch – **check each eye**
- Children with a known eye disorder

### Special Schools

In 2020 a regional Orthoptist-led model was implemented across all special schools to meet National Screening Committee (NSC) recommendations. This model entails a full vision assessment in addition to the vision screening required in the P1 Health Appraisal.

### Consent

**NB: Consent must be obtained from the person with parental responsibility for the child, prior to screening.**

### Incomplete Screening

Guidance is that all children should undergo vision screening between the ages of 4-5 years.

- If a child (with consent) is absent for the vision screening, a recall is offered within their P1 academic year.
- If the consent form is not returned, a recall (contact parent) is offered within the P1 academic year.
- Following a non-return of two consent forms, or if the consent form is returned with “declined” - contact parent to reinforce importance of universal screen.

If a child has not been screened by the beginning of their P2 academic year and consent has been received they should be referred to the Orthoptist using the agreed referral forms. The parent must be consulted in relation to this referral and separate consent obtained.

**‘Movement-In’ Children**

When School Nurses are informed of movement-in children of primary school age they should review the child health record, and if vision screening has not been previously recorded and consent for a health appraisal has been received, vision screening should be completed for these children. Referral should be made to the Orthoptic Service if required as per the standard referral pathway.

**Deferred Entry to P1**

Children who have deferred entry to P1 may have a delay in vision screening completed as part of the P1 Health Appraisal. Vision screening should be prioritised for these children in the first term following School entry.



## 2. Vision Testing Equipment

1. 3m **crowded** LogMar vision test
2. Demonstration/Key Card
3. Recommended Opaque Adhesive Occlusion
4. Measuring Tape
5. CHS Form
6. Regional Parent/Carer Information Letters
7. Regional Orthoptic referral forms



### 3. Procedure for Assessing and Recording Vision

1. Ensure that consent has been obtained for vision screening.
2. Test the vision of all children for whom consent has been obtained, regardless of whether they are already attending any eyecare professional. This is a Universal Screen and vision needs to be recorded for **each eye** for every child.
3. Note any parental/professional concern or comments which may include the following:
  - Any difficulty reading or seeing the whiteboard or blackboard in the classroom;
  - Any difficulty reading or seeing close work;
  - Squint noticed by anyone;
  - Child has attended or is attending an eyecare professional.
4. Check that the child is able to match or recognise the letters on the vision test using the matching/key card and explain the procedure.
5. For all children with glasses, **test only with the glasses on**. The occlusion must be put on the child's face and the glasses placed on top. Ensure each eye is occluded properly with opaque adhesive tape only, such as Micropore or Durapore, and that the child cannot peep.
6. Test each eye separately.
7. Hold the test so that there is no glare or shadow.
8. Measure an exact 3 metre distance from the test to the child's eye position.
9. Please refer to instruction booklet provided with Keeler Crowded Test for procedure.
10. If the child does not achieve 0.200 LogMAR in each eye they should be referred to the Orthoptic Service and the **actual logMar score should be recorded on the referral form**. If a child wearing glasses does not achieve 0.200 LogMAR in each eye, they should also be referred to the Orthoptic Service.
11. On completion of vision screening, a letter should be sent to all children who have completed screening to advise of either outcome as follows:
  - a. Letter to advise parent their child has met NSC standard, **OR**
  - b. Letter to advise parent their child has been referred to the Orthoptist.

12. The School Nurse should liaise with their local Orthoptist for any queries or special circumstances.

13. The vision result for each eye should be recorded on CHS.

### **Good practice when testing vision**

It is important when testing vision to ensure that:

- There is adequate lighting – the room should be uniformly bright.
- The testing area is as free from distraction as possible – noise/other children etc.
- The room is of adequate size to allow 3m in a straight line for testing.
- Child's glasses are worn for testing and that they are clean!
- Children wearing a patch for Orthoptic treatment should have their vision tested in each eye.
- Appropriate occlusion worn. Ensure child is not peeping.

#### 4. Referral Pathway

Please refer to the guide below once the vision has been tested.

| Screening Result   | Comment  | Action   |
|--|--|--|
| Non-compliant / unable to do a crowded LogMAR test   |  | Refer to Orthoptic service with results  |
| LogMAR R:0.200 and L:0.200 or better in each eye   | No clinical/professional or parental concerns  | Information letter to parent as per overall P1 Health Appraisal protocol   |
| LogMAR R:0.200 and L:0.200   | With clinical/professional or parental concerns  | Refer to Orthoptic Service with the reason and results   |
| Vision worse than LogMar R:0.200 and L:0.200   |  | Refer to Orthoptic Service with results  |
| Consented child not screened by the end of P1 academic year                                    | <p>A recall should be offered at a second defined time and prior to the start of the next academic year.</p> <p>The recall should not be scheduled too quickly e.g. not within the same week. Should there be an insufficient gap children who are ill, or on holiday toward end of summer terms etc will be missed.</p> | Refer to Orthoptic Service if screening not completed at start of following academic year (separate consent required for referral to Orthoptist) |
| 'Movement-In' children of primary school age with no previous recorded vision screening on CHS | Need to have a vision screen   | Follow screening protocol and act on outcomes as per above.  |
| Children who have deferred entry to P1   | Need to have a vision screen in first term following entry to school   | Follow screening protocol and act on outcomes as per above   |

## 5. Referral Protocol

All children who have a suspected vision problem as per the pathway above should be referred to the Orthoptic service using referral forms in line with local Trust procedures.

### Parental information about referral

Upon completion of vision screening as part of the P1 Health Appraisal, School Nursing should advise parents of intention to refer to the Orthoptic Service and the reason for this. Appropriate information should be provided to parents regarding the potential risks of not diagnosing or treating early, and the potential consequences if they decline or do not attend the appointment. If parents indicate a preference for a professional known to them (e.g. local optician), explain the different roles of professionals and referral route for different conditions. Referral must be made to the Orthoptics service in any case, and the parent still has the option to decline the Orthoptic appointment when received. Following screening parents will be advised of the outcome of their child's Primary 1 Health Appraisal in any case.

### Essential information required on referral form

In order to facilitate the processing of referrals **it is essential to provide all the relevant information** on the appropriate form. Inappropriate and inadequate referrals will be returned to the source in line with Integrated Elective Access Protocols (IEAP) guidelines.

- Date of referral
- Date vision screening completed
- Screening result obtained, including:
  - Test used
  - Acuity: Right Eye, Left Eye, BEO (Both Eyes Open, only if necessary)
  - Screening completed with/without glasses
- Referrer name, designation and contact details
- Who referral has been copied to (person with parental responsibility, orthoptist, child's school health record)
- Please indicate if you consider this to be a priority referral

In addition, please ensure that all of the details listed below are completed:

| Parent/carer details:   | Patient details:   | Referrer details:  |
|---|--|--|
| <ul style="list-style-type: none"> <li>• Name:</li> <li>• Address and postcode*:</li> <li>• Contact no.:</li> <li>• Interpreter Required:</li> <li>• Language:</li> </ul> <p>* ensure address on referral letter correlates with admin system/ school</p> | <ul style="list-style-type: none"> <li>• Name:</li> <li>• DOB:</li> <li>• Gender:</li> <li>• H&amp;C no.:</li> <li>• School:</li> <li>• Known to Social Services</li> <li>• On Child Protection Register</li> <li>• Threshold of need</li> </ul> | <ul style="list-style-type: none"> <li>• Name of HV:</li> <li>• HV Address:</li> <li>• HV Contact no.:</li> <li>• GP address:</li> <li>• GP contact no.:</li> <li>• Date:</li> </ul> |

### Information to be included in the “Comment” section

- Any relevant medical information, family history if known, and details of any professional and/or parental concerns.
- If the child has been referred without being screened. These children should **only** be referred if there is parental consent and the child has been absent on the days when the school nurse was scheduled to carry out the Health Appraisal.
- Any factors which may influence attendance.
- If the referrer wishes for a copy of the partial booking letter to be copied to either the initial referrer, or to be forwarded to a specific service such as Social Services.
- If a copy of the partial booking letter needs to be copied to any other parties, for example second parent contact (with appropriate consent in place).
- If the child is known to Social Services, is a ‘Looked After’ child, a child ‘at risk’ or is on the Child Protection Register. If child is ‘Looked After’ the name of the carer and relationship to child should be stated on referral.

Providing the above information will ensure that all referrals will be allocated the appropriate clinical priority and prompt access to the service, especially in cases of possible serious visual impairment<sup>9</sup>.

### What happens after referral?

- The Orthoptist prioritises the clinical urgency of the patient based on the information provided by the referral agent.
- An appointment will be arranged according to clinical prioritisation.
- The GP and School Nurse will be informed of the outcome of initial assessment and proposed treatment.
- When treatment is complete a discharge summary will be sent to the GP.
- At discharge, a letter will be sent to the child’s chosen optician. The discharge letter will be provided to the family in any case to be taken to any future appointments.
- IEAP (Integrated Elective Access Protocol) guidelines will be adhered to for patients who “Do not attend” (DNA).
- In relation to safeguarding and child protection, each profession must follow the Safeguarding Board of Northern Ireland’s (SBNI) Policies and Procedures<sup>10</sup> as well as their own respective professional protocols at all times. Additional information is available via the SBNI website<sup>11</sup>.

<sup>9</sup> Emond, A. (ed.), 2019, Health for All Children, Fifth Edition, p 254

<sup>10</sup> Available at: <http://www.proceduresonline.com/sbni/>

<sup>11</sup> <https://www.safeguardingni.org>  
<https://www.safeguardingni.org/aces/home>  
<https://www.safeguardingni.org/neglect>

### **Protocol for discharge**

Patients will be discharged from the Orthoptic Department when they meet one or more of the following criteria:

- When maximum potential visual acuity is obtained and maintained over an acceptable period.
- When an assessment of vision and binocular function has been obtained at a satisfactory level.
- Any potential binocularity has been achieved and maximized.
- Acceptable cosmetic appearance.
- Persistent non-compliance with treatment.
- Failure to attend appointments – in accordance with IEAP.
- Self-discharge - if a parent/patient declines treatment or does not wish to attend.
- Patient moved out of the area.

Following discharge, a new episode of care may be initiated, should any further problems arise, by contacting the GP, Optometrist, School Nurse or Orthoptic department.

## Appendix 1 – Glossary of Ophthalmic Terms and Conditions

|                                      |   |
|--------------------------------------|---|
| <b>Accommodation</b>                 | The ability of the eye to focus on near objects. The crystalline lens changes shape to focus the rays of light on the retina.   |
| <b>Alternating strabismus/squint</b> | A squint in which fixation swaps so that each eye is used for fixation, indicating equal visual acuity  |
| <b>Amblyopia</b>                     | Reduced vision in one or both eyes which may occur due to <ul style="list-style-type: none"><li>• Squint (strabismus)</li><li>• A difference in the lens strength required by each eye (anisometropia)</li><li>• The need for strong glasses in each eye</li><li>• Ocular Pathology</li></ul> |
| <b>Anisometropia</b>                 | A difference in the strength of lens prescription between the two eyes.   |
| <b>Anophthalmia</b>                  | A condition that means one or both eyes didn't form during the early stages of pregnancy.   |
| <b>Astigmatism</b>                   | This is a type of refractive error which results in distorted/blurred vision due to rays of light entering the eye through an irregularly shaped cornea e.g. shaped more like a rugby ball than a football.   |
| <b>Binocular Functions</b>           | The ability of the two eyes to co-ordinate together.  |
| <b>Binocular Single Vision (BSV)</b> | When the eyes are straight and used together as a pair to achieve 3D vision.  |
| <b>Brown's Syndrome</b>              | An ocular muscle anomaly where the affected eye does not move up and in nasally to its fullest extent. It can be congenital or acquired in one or both eyes.  |
| <b>BSV – Binocular single Vision</b> | See above   |



|   |  |
|---|--|
|   | <p>A condition where there is a failure of the closure of the optic fissure during foetal development leaving a gap in some or all of the structures of the eye. Usually but not always apparent because the pupil is misshapen e.g. keyhole-shaped. It can occur in different severities.</p> |
| <b>Compensatory/Abnormal Head Posture</b> | <p>When the head is tilted/turned in a certain direction or the chin is raised up or down in order to compensate for an ocular problem.</p>  |
| <b>Congenital Glaucoma</b>                | <p>In congenital glaucoma the eye pressure is higher than normal. This is caused by abnormal drainage of the fluid in the eye. Congenital glaucoma refers to glaucoma which can be either present at birth or appear any time during the first three or four years of life.</p>                |
| <b>Convergence</b>                        | <p>The ability to pull both eyes inwards maintaining single vision to 6cm/tip of nose.</p>   |
| <b>Convergence Weakness/Insufficiency</b> | <p>The inability to maintain adequate binocular convergence to 6cm. This can cause headaches, blurred or double vision.</p>  |
| <b>Cover Test</b>                         | <p>This is performed to elicit the presence of manifest squint or latent deviation. The response of each eye is observed as they are covered and uncovered in turn.</p>  |
| <b>Diplopia</b>                           | <p>Double vision</p>   |
| <b>Duane's Retraction Syndrome</b>        | <p>A congenital condition where there is restricted movement of one or both eyes on side gaze.</p>   |
| <b>Eccentric Fixation</b>                 | <p>A uniocular condition in which a point other than the fovea is used for fixation. Vision is usually poor.</p>   |
| <b>Epicanthus</b>                         | <p>Skin folds at the inner corner of the eyes.</p>   |
| <b>Esophoria</b>                          | <p>This is a latent convergent deviation. A slight esophoria is a normal condition.</p>  |

**Esotropia**

This is a manifest convergent squint in which one eye turns inwards.

**Exophoria**

This is a latent divergent deviation. A slight exophoria is a normal condition.

**Exotropia**

This is a manifest divergent squint in which one eye turns outwards.

**Hyper/Hypophoria**

This is a latent vertical deviation in which one eye may turn or appear to 'drift' upwards/downwards.

**Hyper/Hypotropia**

This is a manifest vertical squint in which one eye turns upwards/downwards.

**Hypermetropia/Hyperopia**

This is a type of refractive error also known as long-sightedness. Rays of light entering the eye come to a focus behind the retina. This is because the axial length of the eye is shorter than a normal (emmetropic) eye. It can give rise to problems seeing objects clearly for near, but in moderate amounts may also affect the distance vision. It is most commonly associated with convergent squints.

**Latent Nystagmus**

When one eye is covered an involuntary rhythmic shaking/ oscillation of the eyes occurs. Vision is better with both eyes open.

**Manifest Nystagmus**

An involuntary rhythmic shaking/ oscillation of the eyes, which can be seen with both eyes open. Vision is usually reduced to varying degrees. Vision is usually better both eyes open.

**Microphthalmia**

A condition that means the eyes started to form during pregnancy but for some reason stopped, leaving the infant with small eyes.

**Myopia**

This is a type of refractive error also known as short-sightedness. Rays of light entering the eye come to focus in front of the retina. This is because the axial length of the eye is longer than a normal (emmetropic) eye. It gives rise to problems seeing clearly in the distance.

**Nystagmus**

An involuntary rhythmic shaking or oscillation of the eyes. It can be manifest or latent see above. It can be congenital or acquired.

**Null Point/ Zone**

The point at which nystagmus/ shaking of the eyes is at a minimum and the vision at a maximum. This is usually achieved by turning the head.

**Occlusion**

This is a treatment for amblyopia (reduced vision). A patch is placed over the good eye in order to stimulate the vision in the lazy eye. NB: patching does not eliminate a squint or replace the need for glasses.

**Pseudosquint/strabismus**

This is the term used to describe the appearance of squint (in the absence of a manifest squint) in babies and young children. Most often caused by epicanthic folds, a broad bridge of the nose or facial symmetry.

**Ptosis**

This is a drooping of the upper eyelid which may be partial or complete (totally obscuring the pupil). It may be unilateral or bilateral.

**Refractive Error**

An imbalance in the optical system which interferes with the way light rays are focused within the eye. This includes be hypermetropia, myopia and astigmatism. It is said to be high when strong spectacles are required, these will usually have been worn from a young age i.e. preschool and primary school.

**Refraction**

- o Subjective refraction requires a patient to co-operate and respond to questions posed in the assessment of refractive error; patients would report on how changes in lens power impact on their level of visual acuity.
- o Objective refraction is the assessment of refractive error without input from the patient. Objective refraction is principally undertaken using retinoscopy to determine refractive error independently of patient input.

This test determines if glasses are required and the strength of lenses required to correct the refractive

error. The test may reveal hypermetropia, myopia and/or astigmatism. To ensure the test is accurate drops are usually instilled which temporarily inhibit focusing and enlarge the pupils which also permits examination of the back of the eye. These drops are called 'cycloplegic' drops.

**Retinoblastoma**

Is a childhood cancerous tumour of one or both eyes. The common signs are a white "glow" or "glint" in the pupil of one or both eyes, white pupil in colour photographs or a squint.

**Retinopathy of Prematurity (ROP)**

It affects prematurely born babies. It consists of abnormal retinal vessels that grow mostly in an area where normal vessels have not yet grown in the retina.

**Stereoacuity**

The measure of binocular stereopsis. Recorded in second of arc.

**Stereopsis**

The ability to perceive the relative depth of objects ('3D' vision).

**Strabismus /Squint**

This is a manifest deviation in which one eye may turn inward, outward, upward or downwards

## Appendix 2 – Contact information for Trust Orthoptic Services

### Belfast Health and Social Care Trust

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| Orthoptist       | Contact number | Clinic Times    | How to Refer   |
|------------------|----------------|-----------------|--|
| Dr P Anketell    | 028 9615 3957  | Monday - Friday | Please place an order on EPIC for in trust.<br>For primary care refer by CCG<br>Or by paper send a letter to the Central Booking Office,<br>Royal Victoria Hospital<br>Belfast, BT12 6BA |
| Mrs G Lamont     |                |                 |  |
| Miss C McAtamney |                |                 |  |
| Miss K Harpur    |                |                 |  |
| Miss S Kirk      |                |                 |  |
| Miss B Thompson  |                |                 |  |
| Miss K Lavery    |                |                 |  |
| Miss Á Gribbin   |                |                 |  |
| Miss A Owens     |                |                 |  |

#### **Location of Orthoptic Services in BHSCT**

##### **Royal Victoria Hospital**

Orthoptic Services  
Grosvenor Road  
Belfast, BT12 6BA

Tel: (028) 9615 3957

##### **Mater Hospital**

45-51 Crumlin Road  
Belfast, BT14 6AB

##### **Knockbreda Health and Wellbeing Centre**

110 Saintfield Road  
Belfast  
BT8 6GR

##### **Beech Hall Health and Wellbeing Centre**

21 Andersonstown Road ,  
Belfast  
BT11 9AF

##### **Carlisle Wellbeing and Treatment Centre**

40 Antrim Road  
Belfast  
BT15 2AX

##### **The Arches**

1 Westminster Avenue North  
Belfast

Any enquiries regarding the service can be made to:  
Pamela Anketell, Orthoptic Service Manager, Belfast Trust



| Community Clinics  | Orthoptist  | How to refer  |
|--|---|---|
| Lisburn Health Centre<br>Level 4<br>Linenhall Street<br>Lisburn<br>BT28 1LU<br><br>Ext 84805                   | Mrs Andrea Fox<br>Mrs Rukhsana<br>McCann<br>Ms Beacom                             | Written referral<br>Lisburn Health Centre<br>Level 4<br>Linenhall Street<br>Lisburn<br>BT28 1LU<br>Ext 84805      |
| Stewartstown Road<br>Health Centre<br>212 Stewartstown Rd<br>Dunmurray<br>Belfast<br>BT17 0FB<br><br>Ext 84805 | Mrs Andrea Fox  | Written referral<br>Lisburn Health Centre<br>Level 4<br>Linenhall Street<br>Lisburn<br>BT28 1LU<br>Ext 84805      |
| Bangor Health Centre<br>Newtownards Road<br>Bangor BT 20 4LD<br><br>Ext 15307                                  | Mrs Judith Bates  | Written referral<br>Orthoptic Clinic<br>Bangor Health Centre<br>Newtownards Road<br>Bangor BT 20 4LD<br>Ext 15307 |
| <b>Hospital Clinics</b>  |   |   |
| Orthoptic Clinic<br>First Floor<br>Ulster Hospital<br>Dundonald<br>Belfast<br>BT16 1RH<br>Ext 80370            | Miss Dolan<br>Mrs Giles<br>Mrs Boyd<br>Ms McCracken                               | Written referral to<br>Orthoptic Clinic<br>First Floor<br>Ulster Hospital<br>Dundonald<br>Belfast<br>BT16 1RH     |
| Downe Hospital<br>2 Struell Wells Road<br>Downpatrick<br>BT30 6RL<br><br>Ext 88281                             | Mrs Susan<br>Robinson<br>Team Lead<br>Orthoptist Downe<br>and Lisburn<br>Mrs Boyd | Written referral to<br>Orthoptics<br>Downe Hospital<br>2 Struell Wells Road<br>Downpatrick<br>BT30 6RL            |

Any enquiries regarding the service can be made to:  
Lead Professional Orthoptist SET, Miss Patricia Dolan, Orthoptic Clinic. OPD, Ulster  
Hospital, Upper Newtownards Road, Dundonald  
Tel: (028) 9048 4511 Ext 80370



| Clinics                                | Contact Telephone no | How to Refer  |
|--|----------------------|---|
| Armagh Community Hospital              | 028 3756 2477        | <p style="text-align: center;">Directly to:<br/>Orthoptic Office<br/>Ground Floor Finance Building<br/>Lurgan Hospital<br/>100 Sloan St<br/>Lurgan<br/>Craigavon BT63 8NX</p> |
| Banbridge Polyclinic                   |                      |   |
| John Mitchel Place Newry               |                      |   |
| Dungannon Health Centre                |                      |   |
| Lurgan Health & Social Services Centre |                      |   |
| Portadown Health Centre                |                      |   |

For all clinic/patient enquiries, please contact the Orthoptic Office Tel 028 3756 2477

Any enquiries regarding the service can be made to:

Clare Stevenson,  
Acting Deputy Head of Orthoptic Service,  
Orthoptic Office  
Ground Floor Finance Building  
Lurgan Hospital  
100 Sloan St  
Lurgan  
Craigavon BT63 8NX

e-mail: [clare.stevenson@southerntrust.hscni.net](mailto:clare.stevenson@southerntrust.hscni.net)





**Western Health and Social Care Trust**

**Altnagelvin Hospital**

Tel: (028) 7134 5171 ext 215154

Glenshane Road  
Londonderry, BT47 6SB

| Clinician       | Contact number | Clinic Times    | How to Refer |
|-----------------|----------------|-----------------|--------------|
| Patrick McCance | 028 71611424   | Monday - Friday | Directly     |
| Lisa Wallace    |                |                 |              |
| David Wright    |                |                 |              |
| Lesley Davis    |                |                 |              |

**Tyrone County Hospital**

Tel: (028) 8283 3100 ext. 232137

Hospital Road  
Omagh, BT79 0AP

| Clinician       | Contact number | Clinic Times    | How to Refer |
|-----------------|----------------|-----------------|--------------|
| Audrey McBride  | 028 8283 3176  | Monday - Friday | Directly     |
| Cathy Donnelly  |                |                 |              |
| Annemarie Peace |                |                 |              |

**South West Acute Hospital**

Tel: (028) 6638 2174

124 Irvinestown Road  
Enniskillen  
Co Fermanagh, BT74 6DN

| Clinician       | Contact number | Clinic Times    | How to Refer |
|-----------------|----------------|-----------------|--------------|
| Ann-Marie Peace | 028 6638 2174  | Monday - Friday | Directly     |
| Cathy Donnelly  |                |                 |              |

**Roe Valley Hospital**

Tel: (028) 7776 1120

Irish Green Street  
Limavady, BT49 9EU

| Clinician    | Contact number | Clinic Times | How to Refer                             |
|--------------|----------------|--------------|--|
| Lesley Davis | 028 71611424   | Monday       | Forward referral to Altnagelvin Hospital |

**Shantallow Health Centre**

Tel: (028) 7135 3344

64 Racecourse Road  
Londonderry, BT48 8DS

| Clinician       | Contact number | Clinic Times                                  | How to Refer                             |
|-----------------|----------------|---|--|
| Patrick McCance | 028 71611424   | 1 <sup>st</sup> & 3 <sup>rd</sup> Thursday pm | Forward referral to Altnagelvin Hospital |

**Strabane Health Centre**

Tel: (028) 7138 4100

Upper Main Street  
Strabane, BT82 8AR

| Clinician       | Contact number | Clinic Times           | How to Refer                             |
|-----------------|----------------|------------------------|--|
| Lisa Wallace    | 028 71611424   | Wednesday              | Forward referral to Altnagelvin Hospital |
| Patrick McCance |                | 1 <sup>st</sup> Friday |  |

**Castleberg Health Clinic**

33a Main Street

Castleberg, BT81 7AS

Tel: (028) 8167 1406

| Clinician      | Contact number | Clinic Times   | How to Refer                               |
|----------------|----------------|--|--|
| Audrey McBride | 028 8283 3176  | 1 <sup>st</sup> , 3 <sup>rd</sup> & 5 <sup>th</sup><br>Wednesday | Forward referral to Tyrone County Hospital |

**Fintona Health Centre**

33 Dromore Road

Omagh, BT78 2BB

Tel: (028) 8284 1203

| Clinician      | Contact number | Clinic Times           | How to Refer                               |
|----------------|----------------|------------------------|--|
| Audrey McBride | 028 8283 3176  | 1 <sup>st</sup> Monday | Forward referral to Tyrone County Hospital |

**Belleek Health Centre**

Belleek Health Centre

Rathmore Clinic

Belleek, BT93 3FY

Tel: (028) 6865 8382

| Clinician     | Contact number | Clinic Times           | How to Refer                                  |
|---------------|----------------|------------------------|---|
| Anmarie Peace | 028 6638 2174  | 1 <sup>st</sup> Friday | Forward referral to South West Acute Hospital |

**Irvinestown Health Centre**

Church Street

Irvinestown, BT94 1EH

Tel: (028) 6862 1212

| Clinician     | Contact number | Clinic Times             | How to Refer                                  |
|---------------|----------------|--------------------------|---|
| Anmarie Peace | 028 6638 2174  | 2 <sup>nd</sup> Thursday | Forward referral to South West Acute Hospital |

**Lisnaskea Health Centre**

Drumhaw

Lisnaskea, BT92 0JB

Tel: (028) 6772 1566

| Clinician      | Contact number | Clinic Times                               | How to Refer                         |
|----------------|----------------|--|--------------------------------------|
| Cathy Donnelly | 028 6638 2174  | 1 <sup>st</sup> & 3 <sup>rd</sup> Thursday | Forward to South West Acute Hospital |

Any enquiries relating to the service may be made to:  
Mr Patrick McCance, Orthoptic Services Manager,



Public Health  
Agency

Orthoptic Department, Altnagelvin Hospital, Londonderry  
Tel: 028 71611424

| Clinics Available                | Contact Telephone no | How to Refer  |
|----------------------------------|----------------------|---|
| Antrim Area Hospital             | 028 25635335         | <p style="text-align: center;"><b>Directly to:</b><br/> <b>Orthoptic Admin Office,</b><br/> <b>1<sup>st</sup> Floor Rear Spine,</b><br/> <b>Braid Valley site,</b><br/> <b>Cushendall Road,</b><br/> <b>Ballymena. BT43 6HL</b></p> |
| Ballymena Health & Care Centre   |                      |   |
| Causeway Hospital, Coleraine     |                      |   |
| Cookstown Community Care Centre  |                      |   |
| Mid Ulster Hospital, Magherafelt |                      |   |
| Moyle Hospital, Larne            |                      |   |
| Whiteabbey Hospital              |                      |   |

The Admin office is staffed Mon-Fri and can assist with enquiries regarding waiting lists. Orthoptists are present 2 mornings per week and Admin staff can direct enquiries to the appropriate clinician. It is likely that an Orthoptist will need the patient notes to deal with clinical enquiries.

Any enquiries relating to the service may be made to:

Jennifer Patterson, Head of Service for Orthoptics & ICATS Ophthalmology  
 Pinewood Offices, 101 Fry's Road, Ballymena, BT43 7EN  
 Tel: 07788379095