

# Protect them on the inside too

The flu vaccine is now available for all children aged from 2 years old up to and including Year 12 at secondary school.\*



- The nasal spray flu vaccine is safe and effective
- It is quick and painless
- It will help protect your child against flu, which can be serious, especially for children with medical conditions
- It can help stop the spread of flu to other people in the family who are at higher risk of flu like babies and grandparents

Go to [pha.site/fluspray](https://pha.site/fluspray) for more information. Your GP or school nurse should offer your child the vaccine or contact your GP surgery to find out about arrangements in your practice.

\* Pre-school children will be offered the vaccine at their GP surgery. School children (up to and including Year 12) will be offered the vaccine at school.

 Public Health Agency

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[www.publichealth.hscni.net](http://www.publichealth.hscni.net)

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