

Self-harm Registry data, N. Ireland 2019/20

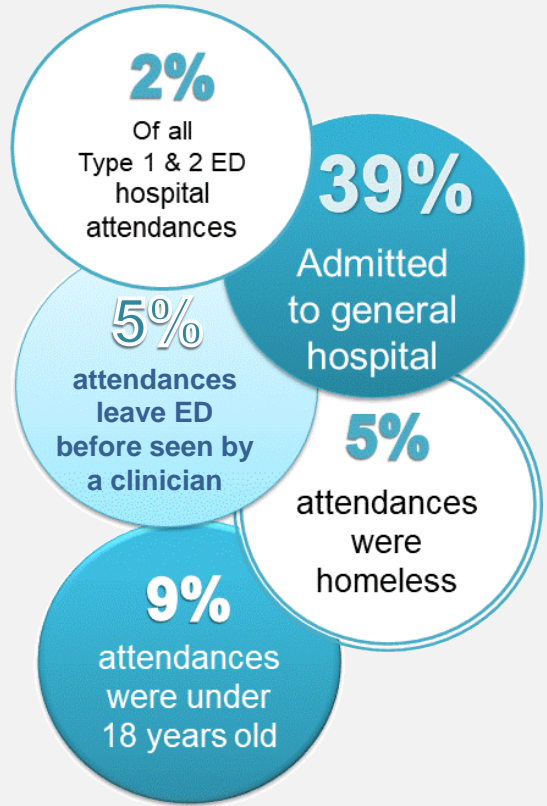
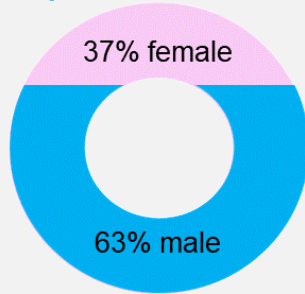
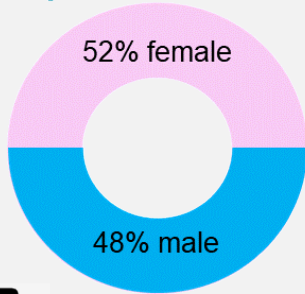


14,641

attendances at Emergency Departments for self-harm and/or ideation*

8,945 self-harm presentations

5,696 ideation presentations



Alcohol involved in **42%** of both self-harm and ideation attendances

1 in 5 Self-harm repeat attendance rate



Females

Self-harm rates highest among 15-19 year olds



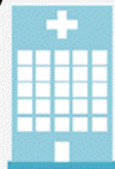
Males

Self-harm rates highest among 20-24 year olds

Since 2012/13...

Self-harm attendance rate increased by

5%



Attendance rate for self-harm increased among females by

8%



Male rate increased by

2%



% of self-harm presentations involving drug overdose decreased by **11%**



Involvement of alcohol in self-harm attendances decreased by **9%**

*Ideation includes thoughts of self-harm and / or suicide, where no physical act has taken place.