#### Tuesday, 07 January 2025

Health and Social Wellbeing Improvement

# Want to stop smoking?



Studies show that you're **four times** more likely to quit with help, and there's a free local stop smoking service near you.

This card highlights the fact that smokers are four times more likely to quit successfully if they have support and signposts the public to the website <a href="https://www.stopsmokingni.info">www.stopsmokingni.info</a> where they can find over 550 free stop smoking services available in Northern Ireland.

#### **Details**

Format
Double sided wallet card
Target group
General public

### **Downloads**

**Attachment** 

Size

Stop Smoking 2pp Wallet Card PR 11 24.pdf 171.95 KB

#### **Tags**

- smoking
- smoking cessation

## **Print**