#### Wednesday, 20 November 2024

Health and Social Wellbeing Improvement



This leaflet outlines how people who self-harm can be referred to SHIP (the Self-harm Intervention Programme) for support and counselling. The programme aims to equip them with new ways of coping with problems. The leaflet also outlines how their families or carers can access a short period of education and support.

### **Details**

Format
4 pages, A5 leaflet
Target group
People who self-harm, and their families or carers

# **Downloads**

Attachment	Size
SHIP: self-harm intervention programme. Information for patients and	6.55
families/carers 11.24	MB

# Tags

- mental health
- self-harm

## <u>Print</u>