

Wednesday, 02 August 2023

[Health and Social Wellbeing Improvement](#)



In recognition that mental ill health is one of the greatest challenges facing both society and services, the Department of Health published the **Mental Health Strategy**, 2021-2031, in June 2021.

The Strategy sets out 35 actions under three overarching themes:

Theme 1 - promoting mental wellbeing, resilience and good mental health across society;

Theme 2 – providing the right support at the right time; and

Theme 3 – new ways of working.

Additional information

The Public Health Agency co-ordinates a collaborative approach to implement the action plan led by a cross sectoral Steering Group and Sub Groups with membership from; a range of government departments, health & social care, the community & voluntary sector and academia.

Click below or go to downloads section to access the programmes' newsletter which provides information about the work underway:

- [Mental health early intervention and prevention newsletter Winter 2024](#)

Details

Format

38 pages, Word document

Target group

Government departments, arms length bodies, HSCTs, voluntary and community sectors, local government

Downloads

| Attachment | Size |
|--|---------|
| Mental Health Strategy - Early Intervention and Prevention Action Plan 2022-2025 | 1.34 MB |
| Mental health early intervention and prevention newsletter_Winter 2024 | 2.32 MB |

Tags

- [mental health](#)
- [mental and emotional health and wellbeing](#)
- [suicide prevention](#)
- [drugs and alcohol](#)
- [Physical activity](#)

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