

Thursday, 21 March 2019

[Health and Social Wellbeing Improvement](#)

Make March  
your month to quit.

Ask us about  
the **free** stop  
smoking  
service.

You're up to **4 times more likely**  
to quit with our help.

For more information on  
the service go to  
[stopsmokingni.info](http://stopsmokingni.info)

**Stop  
Smoking  
Service**  
helping you to quit

**HSC** Public Health  
Agency  
Produced by the Public Health Agency, Tel: 0900 200 000 (toll-free)

This poster encourages smokers to make a quit attempt during March, signposts them to the free stop smoking services which are available throughout Northern Ireland and highlights that they are up to four times as likely to quit successfully with help from a stop smoking service.

## Details

Format

A3 poster

Target group

Smokers

## Downloads

**Attachment****Size**

[No Smoking Day A3 Poster LR 02\\_19.pdf](#) 230.77 KB

**Tags**

- [smoking](#)
- [smoking cessation](#)
- [no smoking day](#)
- [quitting](#)

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