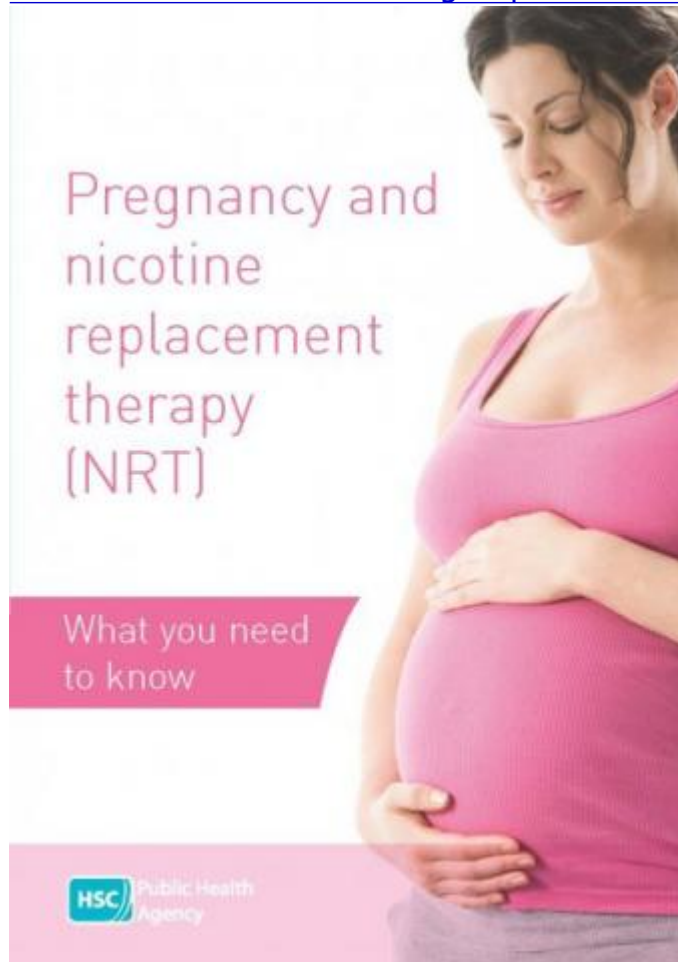


Tuesday, 15 March 2022

[Health and Social Wellbeing Improvement](#)



This leaflet supports pregnant women who smoke to quit, in order to protect their health and the health of the unborn baby.

It explains the dangers posed by continuing to smoke during pregnancy and gives details on the wide range of nicotine replacement therapy (NRT) options available.

It also provides contact details for stop smoking service providers across Northern Ireland.

The leaflet is given to women attending their 12 week antenatal appointment.

Details

Format

A5, 8 pages, leaflet

Target group
Pregnant women

Downloads

Attachment	Size
Pregnancy and NRT: what you need to know	1.57 MB

Tags

- [smoke](#)
- [smoking](#)
- [tobacco](#)
- [Pregnant](#)
- [cigarettes](#)
- [baby](#)
- [unborn](#)
- [birth](#)
- [nicotine](#)
- [NRT](#)
- [mother](#)
- [woman](#)
- [women](#)
- [antenatal](#)
- [class](#)
- [quit](#)
- [service](#)
- [provider](#)
- [carbon](#)
- [monoxide](#)

[Print](#)