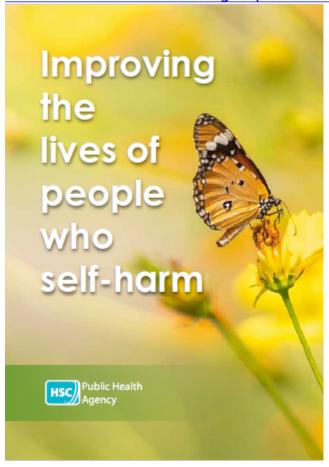
Wednesday, 12 March 2025

Health and Social Wellbeing Improvement



This leaflet offers information and advice for people who have self-harmed and their families, carers or friends. It will help people understand more about self harm and how to get support.

Details

Format

A5 12 pages

Target group

This leaflet is aimed at people who self-harm and their familes/carers/friends.

Downloads

Attachment

Size

Improving the lives of people who self-harm 03.25.pdf 494.43 KB

Tags

- self harm
- self-harm

<u>Print</u>