

Friday, 31 January 2014

## [Health and Social Wellbeing Improvement](#)



This booklet is one in a series aimed at promoting health in the workplace. It outlines to employers the importance of employees' mental health, good practice to support positive mental health at work, the legal requirements with regard to working environments and mental health, and key steps for action.

## Details

Format

8 page A5 booklet

Target group

Participating businesses, those working in the field of workplace health, and organisations interested in developing their own workplace health programmes

## Downloads

**Attachment**

**Size**

[Promoting Mental Health At Work LR 01\\_14\\_0.pdf](#) 195.75 KB

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