

Monday, 03 March 2014

## [Health and Social Wellbeing Improvement](#)



Care home residents should receive a varied diet that meets their nutritional needs in appropriate surroundings.

This booklet ensures residential and nursing home managers and care providers have access to guidelines that help them achieve the aims set out by the Regulation and Quality Improvement Authority (RQIA), ie. empowerment of, and positive engagement with, residents in all aspects of their care, including nutrition.

It also provides practical nutrition advice and menu guidance.

## Details

Format

A4, booklet, 52 pages

Target group

Staff in residential and nursing homes

## Downloads

**Attachment**

**Size**

[Nutritional guidelines and menu checklist march 2014.pdf](#) 3.99 MB

[Print](#)