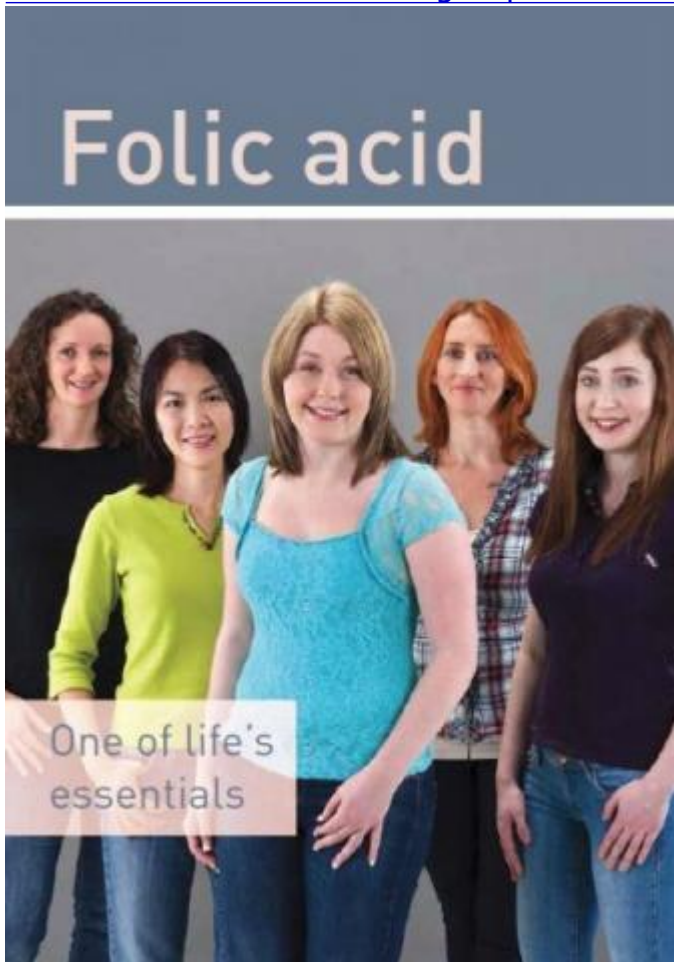


Thursday, 08 February 2024

[Health and Social Wellbeing Improvement](#)



This leaflet for women of child-bearing age explains what folate and folic acid are, why they are important and how to get enough.

## Details

Format

6 page A5 leaflet

Target group

Women of child-bearing age

## Downloads

**Attachment**

**Size**

[Folic acid leaflet 0124](#) 289 KB

## Tags

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