

Wednesday, 01 May 2013

[Health and Social Wellbeing Improvement](#)



This booklet is for older people (defined as those aged 55 or over) who are worried about their use of alcohol, illegal drugs and /or prescribed/over the counter medications.

Alcohol guidelines changed on 8 January 2016. Please see the latest advice from the four UK Chief Medical Officers on www.knowyourlimits.info

Details

Format

A5 booklet

Target group

Older people

Downloads

| Attachment | Size |
|--|-----------|
| alchoho_drugs_older_people_booklet.pdf | 771.23 KB |

Tags

- [alcohol](#)
- [drink](#)
- [drug](#)
- [drugs](#)
- [substance](#)

- [substances](#)
- [prescribed](#)
- [prescription](#)
- [over](#)
- [counter](#)
- [medication](#)
- [medications](#)
- [medicine](#)
- [old](#)
- [older](#)
- [people](#)
- [elderly](#)
- [user](#)
- [users](#)
- [abuse](#)
- [misuse](#)
- [harm](#)
- [reduction](#)

[Print](#)