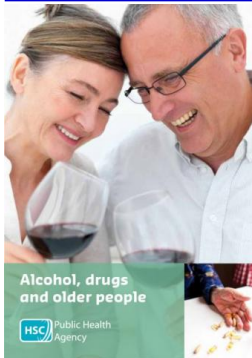


Wednesday, 01 May 2013

[Health and Social Wellbeing Improvement](#)



This booklet is for older people (defined as those aged 55 or over) who are worried about their use of alcohol, illegal drugs and /or prescribed/over the counter medications.

Alcohol guidelines changed on 8 January 2016. Please see the latest advice from the four UK Chief Medical Officers on www.knowyourlimits.info

Details

Format

A5 booklet

Target group

Older people

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Attachment	Size
alchoo_drugs_older_people_booklet.pdf	771.23 KB

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