

Thursday, 01 March 2012

[Health and Social Wellbeing Improvement](#)

The image shows a form titled "Asthma self-management action plan (for ages 14+)*". At the top, there are logos for the Health and Social Care Board and the Public Health Agency. Below the logos, there are fields for "Name:" and "Date:". Underneath, there is a section labeled "Issued by:" followed by a table with three columns: "Contacts", "Name", and "Telephone". The table has five rows, each corresponding to a different contact type: "GP practice", "Community respiratory team", "Pharmacy", "Out-of-hours service", and "Hospital respiratory team".

Contacts	Name	Telephone
GP practice		
Community respiratory team		
Pharmacy		
Out-of-hours service		
Hospital respiratory team		

This self-management action plan allows each patient to record and manage the symptoms of asthma.

Details

Format

A5 double-sided

Target group

People with asthma aged 14+

Downloads

Attachment	Size
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asthma.pdf	275.25 KB
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Tags

- [chronic illness](#)
- [self management](#)

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