

Thursday, 01 March 2012

[Health and Social Wellbeing Improvement](#)

The form is titled "Asthma self-management action plan (for ages 14+)*". It features the logos of the Health and Social Care Board and the Public Health Agency. Below the logos are fields for "Name:" and "Date:". Underneath is a section labeled "Issued by:" followed by a table with three columns: "Contacts", "Name", and "Telephone". The table lists several contact categories: GP practice, Community respiratory team, Pharmacy, Out-of-hours service, and Hospital respiratory team. Each category has an empty row for recording details.

Contacts	Name	Telephone
GP practice		
Community respiratory team		
Pharmacy		
Out-of-hours service		
Hospital respiratory team		

This self-management action plan allows each patient to record and manage the symptoms of asthma.

Details

Format

A5 double-sided

Target group

People with asthma aged 14+

Downloads

Attachment **Size**

[asthma.pdf](#) 275.25 KB

Tags

- [chronic illness](#)
- [self management](#)

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