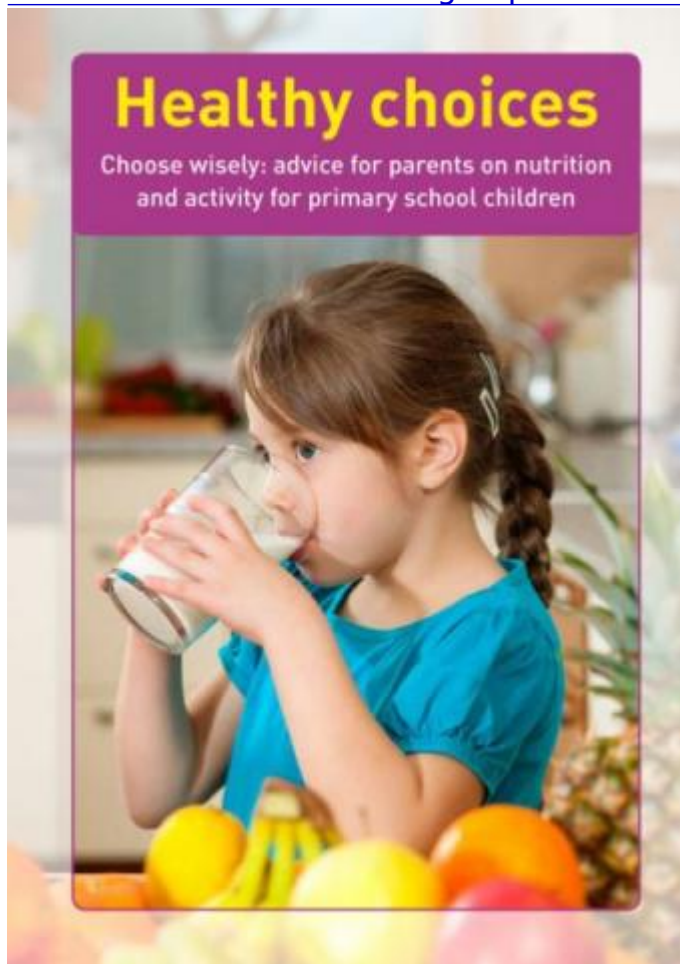


Wednesday, 28 February 2024

[Health and Social Wellbeing Improvement](#)



This booklet shows how parents and carers of primary school children can choose food from the different food groups to make sure their family is getting all the nutrients they need to stay healthy.

## Details

Format

A4 booklet, 24 pages

Target group

Parents and carers of primary school children

## Downloads

**Attachment**

**Size**

[Healthy choices 2024](#) 4.13 MB

## Tags

- [healthy eatinf](#)
- [nutrition](#)

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