Thursday, 21 March 2024 Service Development and Screening

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This leaflet for pregnant women provides updated information on rubella and how to get vaccinated so it is not passed on during pregnancy.

Rubella, otherwise known as German measles, can be very serious for the unborn baby in the first three months of pregnancy and can cause damage to the sight, hearing, heart and brain, a condition known as congenital rubella syndrome (CRS).

Infection can be prevented by the MMR vaccine, which protects the mother and her unborn baby.

The leaflet details how pregnant women who are not already immune to rubella will be given the MMR vaccine in two doses after the birth of their child. This should give protection in any future pregnancies.

Please note, translations are based on a previous version of this leaflet (2018). These are currently being updated and will be available soon.

Details

Format A5 leaflet 6 pages Target group Pregnant women identified as at risk of rubella infection

Downloads

Attachment	Size
Your rubella (German measles) screening test result FINAL.pdf	231.27 KB
rubella_leaflet 2022 for web 22 nov.pdf	549.96 KB
rubella_1_3_A4_leaflet_arabic.pdf	1.36 MB
rubella_1_3_A4_leaflet_bulgarian.pdf	1.32 MB
rubella_1_3_A4_leaflet_chinese.pdf	1.41 MB
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