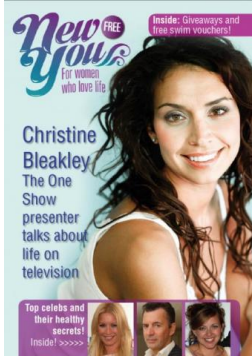


Monday, 01 June 2009

[Health and Social Wellbeing Improvement](#)



This magazine was published as part of the Get a Life Get Active physical activity campaign. In addition to information on physical activity, it includes information on healthy eating as well as celebrity features

Details

Format

12 page A4 magazine

Target group

Women, particularly those with children

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