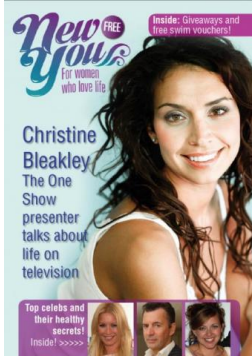


Monday, 01 June 2009

## [Health and Social Wellbeing Improvement](#)



This magazine was published as part of the Get a Life Get Active physical activity campaign. In addition to information on physical activity, it includes information on healthy eating as well as celebrity features

## Details

Format

12 page A4 magazine

Target group

Women, particularly those with children

## Downloads

Attachment	Size
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<a href="#">newyou_0.pdf</a>	3.89 MB
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