

Thursday, 27 February 2014

[Health and Social Wellbeing Improvement](#)



Being overweight is a major health problem for Northern Ireland. This leaflet includes two methods to help members of the public assess whether or not they are overweight and by how much.

## Details

Format

8 page A5 booklet

Target group

General public

## Downloads

**Attachment**

**Size**

[Small changes big benefits march 12 13.pdf](#) 243.56 KB

[Print](#)