

## **Cope with Confidence - survey of heart failure patient experience - Current consultation**

Your views matter – if you have heart failure, or are close to someone who does, please complete our survey by 31st March 2012.

Heart failure is a common condition affecting at least 20,000 people in Northern Ireland. The aim of this survey is to find out how to increase the confidence of people living with heart failure so they have a better quality of life, and can work in partnership with health care professionals and support services in managing their condition. The findings of this survey will be used to help improve services.

Your views are important and we would encourage you to complete the survey. It should only take around 20 minutes. Participation is confidential which means that your identity will not be revealed. You are asked for your age, the first part of your post code and which GP practice you are registered with. This is so the results for different age groups and for different large geographical areas (i.e. Health & Social Care Trust areas) can be compared. Results will not be examined by individual GP practice.

Participation is voluntary i.e. taking part in the study is your decision. Whether you participate or not will have no effect on the medical care you receive from your GP practice or elsewhere. None of the health care professionals involved in your care will know if you participate or not: neither will they see your individual response.

Whether you are an adult or a young person living with heart failure, or a partner, care giver, son, daughter, relative or friend, we would like you to share your experiences. This will help us to develop existing services in Northern Ireland to better meet your needs.

<http://sg.sensemaker-suite.com/Copewithconfidence/>

The Northern Ireland Chest Heart & Stroke Association and The British Heart Foundation can provide information about support available to people with heart failure. Their contact details are:

- Northern Ireland Chest Heart and Stroke Association: [www.nichsa.com](http://www.nichsa.com), telephone (028) 9032 0184

- British Heart Foundation: [www.bhf.org.uk](http://www.bhf.org.uk), telephone 0300 330 3311

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