

The Public Health Agency (PHA) is dedicated to improving the health and well-being of people across Northern Ireland through a variety of public health initiatives, resources, and support services. Here is a breakdown of the different resources they offer.

Leaflets, booklets and newsletters

PHA provides a wealth of publications covering various health topics, including mental health, nutrition, sexual health, cancer awareness, vaccination, and lifestyle choices. These publications are designed to offer clear information that can help individuals make informed decisions about their health and wellbeing.

- View PHA publications here <http://www.publichealth.hscni.net/publications>

Advice and guidance

PHA offers a range of online platforms and resources to support Northern Ireland communities with guidance on various health-related topics:

- <http://10000morevoices.hscni.net>
- www.becancerawareni.info
- www.breastfedbabies.org
- www.cancerscreening.hscni.net
- www.choosetolivebetter.com
- <https://www.publichealth.hscni.net/covid-19-coronavirus>
- www.drugsandalcoholni.info
- <http://engage.hscni.net/>
- www.lifelinehelpline.info/
- www.mindingyourhead.info/
- www.organdonationni.info/
- www.research.hscni.net/
- www.sexualhealthni.info/
- www.stopsmokingni.info

Media releases

PHA regularly publishes media releases to keep the public informed about important health topics, new public health initiatives, and responses to emerging health issues. These releases cover a range of topics from vaccination campaigns to the latest research findings and public health advice.

- Read media releases here <http://www.publichealth.hscni.net/news>

Additional services

PHA also offers other services such as health campaigns, public health programmes, and collaborative initiatives aimed at improving the health infrastructure of Northern Ireland. The agency partners with various local and national organisations to address a wide range of health challenges.

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